

## Registration for Saturday Activities

Please select an activity. (Advance, non-refundable reservations are required):

- |   |         |
|---|---------|
| <input type="checkbox"/> Skiing (1-4 pm) lift ticket & rental equipment                               | \$52.00 |
| <input type="checkbox"/> Skiing (1-4 pm) lift ticket, no rentals                                      | \$37.00 |
| <input type="checkbox"/> Snow tubing (1-3 pm, 2 hours)  | \$14.00 |
| <input type="checkbox"/> Snow tubing (1-4 pm, 3 hours)  | \$16.00 |
| <input type="checkbox"/> Guided Snowshoeing (at Retreat Center)<br>(Please indicate shoe size: _____) | \$15.00 |
| <input type="checkbox"/> Free Time at Retreat Center (12-6 pm)  |         |

## Retreat Registration

**Accommodations:** The St. Methodios Faith and Heritage Center Retreat House includes 36 double-occupancy rooms (two double beds per room) with private baths, two handicap accessible rooms, nine conference rooms, a kitchen, and a two-story great room with stone fireplace. Please indicate the name of the individual you will be sharing a room with (co-ed rooms are restricted to married couples):

\_\_\_\_\_

**Pricing:** For Metropolis of Boston participants, \$100 per person, which includes accommodations for two nights (two per room) and five meals. The price for single accommodations is \$200.00.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Payment

The registration fee and Saturday Activity Fee must be paid in advance.

Check  
(Payable to *St. Methodios Faith and Heritage Center*. Mail with the registration form to St. Methodios Faith and Heritage Center, Attn: FOS Retreat, 329 Camp Merrimac Road, Contoocook, NH 03229)

Visa       MasterCard       American Express

Credit Card #: \_\_\_\_\_ Exp.: \_\_\_\_\_

Signature: \_\_\_\_\_



**FOS—Forum on Orthodox Spirituality—is a ministry of the Greek Orthodox Archdiocesan Cathedral of the Holy Trinity. Conducted by Rev. Frank Marangos, D.Min, Ed.D, FOS was created in response to the need voiced by New York-area professional men and women for deeper spiritual illumination and nourishment. FOS aims to transform lives by drawing attendees into a fuller understanding of Orthodox faith and worship, all in the context of contemporary society. FOS also seeks to build strong relationships and a sense of community.**

### Forum on Orthodox Spirituality (FOS)

**Greek Orthodox Archdiocesan Cathedral of the Holy Trinity**

*Rev. Dr. Frank Marangos, Dean*

Archdiocesan Cathedral of the Holy Trinity

319 East 74th Street

New York, NY 10021

Office: 212.288.3215 | Fax: 212.288.5876

To be added to the FOS mailing list, e-mail: [fos.cathedral@gmail.com](mailto:fos.cathedral@gmail.com) or visit [www.thecathedralnyc.org](http://www.thecathedralnyc.org).

### Metropolis of Boston Camp

**St. Methodios Faith and Heritage Center**

*Michael Sintros, Director*

329 Camp Merrimac Road

Contoocook, NH 03229

Office: 603.746.4400 | Cell: 603.545.7637 | Fax: 603.746.2142

[mbcamp@tds.net](mailto:mbcamp@tds.net) | [mbcamp@boston.goarch.org](mailto:mbcamp@boston.goarch.org)



## Avatars of Spirituality: Rediscovering the Parable of the Prodigal Son

*LENTEN RETREAT  
Forum on Orthodox  
Spirituality (FOS)*

*March 12 - 14, 2010*

*St. Methodios  
Faith & Heritage Center  
329 Camp Merrimac Road,  
Contoocook, NH 03229  
603.746.4400*



## Purpose

A Lenten Retreat sponsored by the Forum on Orthodox Spirituality (FOS), a ministry of the Archdiocesan Cathedral of the Holy Trinity in New York City, will focus on Holy Scripture and Contemporary Culture, examining prodigals from each context. Young adult professionals from the Metropolis of Boston are invited and welcome to attend.

## Location

Nestled in the tranquil woods of New Hampshire in the historic town of Contoocook, the magnificent Retreat House rests on the shores of one of two lakes on the Metropolis of Boston's idyllic 191-acre property.

## Speakers

**Fr. Frank Marangos** is Dean of the Archdiocesan Cathedral of the Holy Trinity and an Adjunct Assistant Professor at St. John's University, New York City. He served as the Archdiocesan Director of Religious Education; as Executive Director of Communications; and as Adjunct Assistant Professor of Religious Education, and Homiletics at Holy Cross Greek Orthodox School of Theology. He holds doctorates in both Adult Education and Christian Education and is a certified Distance Learning Leader (USDLA).

**Fr. Luke Veronis** is the pastor of Ss. Constantine and Helen in Webster, MA; is an Adjunct Instructor at Hellenic College-Holy Cross Greek Orthodox School of Theology; and Director of the Missions Institute of Orthodox Christianity. He and Presvytera Faith have been involved in Orthodox missions since 1987, serving in Albania (10 years), Kenya, Tanzania, Uganda and Ghana (1½ years). He holds a Masters of Theology in Missiology with several published works on missions.

**Fr. Alexander Chetsas** is the assistant priest at St. Demetrios Church in Weston, MA where he works extensively with youth and young adult ministries. He is a graduate of Salem State College and Hellenic College/Holy Cross. He has taught literature, speech, and film criticism at colleges in Colorado and the greater Boston area. He has served parishes in California and Florida.

## Curriculum

Drawing from Timothy Keller's book entitled *The Prodigal God (2008)* and from St. John Chrysostom's exegesis of the parable, as well as using vignettes from the blockbuster film *AVATAR*, Frs. Frank, Luke, and Alex will discuss the Parable of the Prodigal Son.

During the sessions, we will examine prodigals of the Old and New Testaments, namely, the nation of Israel, David, Peter, and Paul. We will also discuss contemporary avatars of prodigal behavior previously discerned from Scriptural and Patristic analysis.

The retreat will conclude with a focus on the issue of CHOICE: Where do we want to live? Paradise (Church) or Pandora (the planet's name in *AVATAR*, an obvious reference to the mythological goddess that the Holy Fathers associated with Eve)? The retreat will encourage participants to review their own lives in terms of the avatars/personalities that we assume in our varied roles in this continually fragmented postmodern society.

## Schedule

### Friday, March 12

5:00 pm	Arrival
6:00 pm	Dinner
<b>7:00 pm</b>	<b>Social/Introductions</b>
<b>8:00 pm</b>	<b>Session 1: Old Testament Prodigals</b>
9:30 pm	Brief Compline in Retreat Center

### Saturday, March 13

8:30 am	Morning Prayer Service
9:00 am	Breakfast
<b>10:00 am</b>	<b>Session 2: New Testament Prodigals</b>
12:00 noon	Bus departs for Pat's Peak (optional), bag lunch provided
Afternoon	Snowshoeing onsite or free time
6:00 pm	Dinner
<b>7:30 pm</b>	<b>Session 3: Contemporary Prodigals</b>
9:00 pm	Coffee/Hot Chocolate/Cookie Break
<b>9:30 pm</b>	<b>Session 4: Paradise or Pandora?</b>

### Sunday, March 14

10:00 am	Divine Liturgy
12:00 noon	Brunch
1:00 pm	Farewell Gathering and Departure

## Afternoon Activities (optional)



### Skiing and Snow Tubing

For those interested in skiing or snow tubing at Pat's Peak, the bus will depart the Retreat Center at 12:00 noon (bag lunch provided) to arrive at the mountain by 12:30 pm (time allotted for ski equipment rental). The skiing and snow tubing sessions will be from 1:00 pm to 4:00 pm. Advance reservations are required. Participants must return to the bus by 4:30 pm.

### Guided Snowshoeing

Retreat attendees also have the option of guided snowshoeing on trails in the Center's bucolic setting.



### Free Time

Retreat attendees can opt to spend free time at the Center—reading, walking the grounds, or just relaxing.

**Please indicate your activity preference on your registration form. Advance registration and non-refundable payment is required and should be included in your registration fee.**

